



Beth Zion
Congregation

PILLAR

September 2024 - April 2025
Tishrei - Nissan 5785



On behalf of the Clergy, Officers, Board of Directors
and staff, we wish you a Shana Tova U'Metuka.
A new year of health, happiness and sweetness.



Spiritual Leader	Rabbi Yamin Benarroch
Founding Rabbi	Rabbi Sidney Shoham z"l
Founding Cantor	Cantor Tibor Holczer z"l
Founding Chazan Sheini	Rev. Alex Lindenfeld z"l
Chazan Sheinie Emeritus	Rabbi Yitzchok Rosenberg
Executive Director	Zev Mestel
Immediate Past President	Charles Benedek
President	Ilan Saul
1st Vice President	Daniel Shaul
2nd Vice President	Yohan Kadoch
3rd Vice President	Reuben Abitbol
Secretary	Myrna Halickman
Treasurer	David Bensimon

September 20	6:36 PM	September 21	7:37 PM
September 27	6:23 PM	September 28	7:24 PM
October 4	6:10 PM	October 5	7:10 PM
October 11	5:57 PM	October 12	6:58 PM
October 18	5:44 PM	October 19	6:46 PM
October 25	5:33 PM	October 26	6:35 PM
November 1	5:22 PM	November 2	6:26 PM
November 8	4:13 PM	November 9	5:17 PM
November 15	4:05 PM	November 16	5:11 PM
November 22	3:59 PM	November 23	5:05 PM
November 29	3:55 PM	November 30	5:02 PM
December 6	3:53 PM	December 7	5:01 PM
December 13	3:53 PM	December 14	5:02 PM
December 20	3:55 PM	December 21	5:05 PM
December 27	3:59 PM	December 28	5:09 PM
January 3, 2025	4:06 PM	January 4	5:15 PM
January 10	4:13 PM	January 11	5:22 PM
January 17	4:22 PM	January 18	5:31 PM
January 24	4:32 PM	January 25	5:39 PM
January 31	4:42 PM	February 1	5:49 PM
February 7	4:52 PM	February 8	5:58 PM
February 14	5:02 PM	February 15	6:08 PM
February 21	5:12 PM	February 22	6:17 PM
February 28	5:22 PM	March 1	6:26 PM
March 7	5:32 PM	March 8	6:36 PM
March 14	6:41 PM	March 15	7:45 PM
March 21	6:50 PM	March 22	7:55 PM
March 28	6:59 PM	March 29	8:04 PM
April 4	7:08 PM	April 5	8:14 PM
April 11	7:18 PM	April 12 (Erev Pesach)	Light candles after 8:24 PM

	Extension	Email or Phone
Beth Zion		514-489-8411
Rabbi Yamin Benarroch		514-758-0117
Zev Mestel, Executive Director	31	zev@bethzion.com
Rivka Berman	23	rivka@bethzion.com
General Information	0	bethzion@bethzion.com

To receive our Shabbat Bulletin information by e-mail, please subscribe on our website or email us at bethzion@bethzion.com.

All information contained in this Pillar is up to and including July 31. If there has been an error or omission, please contact the office and it will be added to the next issue of the Pillar.

FROM THE DESK OF THE RABBI



Dear Beth Zion Family,

How is this Rosh Hashana different from all other Rosh Hashanas? For one, as we approach the high holiday season, our thoughts and prayers are with our brothers and sisters in Israel. We cannot stop thinking of our hostages who are still being held captive somewhere in the tunnels of Gaza. We pray for their safe return. We pray for the brave men and women of the IDF who protect the State of Israel. We pray for the northern residents of Israel who have been displaced from their homes the past 11 months.

One of the central prayers on Rosh Hashana is “Avinu Malkeinu”, our father our king. This prayer is reserved for specific times during the year when we especially ask G-d to invoke mercy and compassion towards the Jewish people. It is said on fast days and during the 10 days of penitence between Rosh Hashana and Yom Kippur. Since October 7th, many

communities around the world have been reciting this prayer on a daily basis.

At Beth Zion, we have not stopped and continue to pray and invoke G-ds’ mercy on behalf of the Jewish people. Anti-Semitism is on the rise worldwide and life especially on university campuses has been very difficult. We are, however, resilient. We have found inspiration and strength from the courage of so many Israelis who made incredible sacrifices over the past year. I recently asked a prospective convert: with the rise of anti-semitism and the difficulties the Jewish people are facing, why do you want to convert? The answer was simple, “what is going on has only made me stronger”. We never have and will not be broken. We are told that the more Pharaoh tried to persecute the Jewish people the more we multiplied and became stronger.

We pray and yearn for peace. May this year bring only blessings, health and prosperity to our people and the State of Israel. Amen

On behalf of my wife Rivka and myself, we wish everyone a very happy and healthy new year, a Shana Tova U’Metuka

Rabbi Yamin Benarroch

IN APPRECIATION

Rabbi Yamin Benarroch, Aryeh Blanshay, Rabbi Moshe Farkas, Steve Farkas, Sam Friedman, David Kogut, Dr. Bruce Mazer, Ben Rubin and Jacob Silverman for davening.

Bobby Shaul for Davening, leining and reading the Book of Ruth on Shavuot.

Rabbi Elie Farkas and Ben Rubin for leining.

Rabbi Elie Farkas for reading Shir Hashirim.

Rabbi Moshe Farkas, Rabbi Moshe Ohayon, Elliot Silverman and Rabbi Avraham Swartz for delivering Divrei Torah.

Felix Benzecry for preparing the Sefardi Dafina and Bella, Shlomo and Benji Benarroch for preparing the Ashkenaz Chulent.

Devorah Abenhaim for her divrei Torah in the Shabbat Weekly.

MESSAGE FROM ILAN SAUL, PRESIDENT



Dear Congregants,

As we approach the sacred time of Rosh Hashanah, I want to take a moment to reflect on the year that has passed and look ahead to the new year that awaits us. It is a time for renewal, reflection, and the opportunity to start afresh with purpose and intention. Amid the sorrow, we have also experienced blessings and moments of hope. Together, we have navigated the uncertainties of our world, strengthened our bonds, and reaffirmed our commitment to the values that define us as a community. I am deeply grateful for the resilience and spirit each of you has shown, and I am honored to serve as your president.

As we prepare to welcome 5785, let us remember that Rosh Hashanah is not only a time for personal introspection but also a time to strengthen our ties to one another. Our synagogue is more than a place of worship - it is a home, a family, and a source of support and inspiration for us all. Let us carry this sense of unity and responsibility into the new year, committing ourselves to acts of kindness, compassion, and justice.

The shofar will soon sound, reminding us of our shared heritage and the call to live with integrity, humility, and purpose. It is a powerful moment that connects us to generations past and inspires us to build a better future for the generations to come. As we gather to pray, reflect, and celebrate, I encourage you to take time to consider how you can bring more light into the world in the coming year.

May this new year be one of health, happiness, and peace for all of us. May we continue to grow as individuals and as a community, and may we be inscribed in the Book of Life for a good and sweet year.

I would also like to take this time to thank all of our amazing volunteers, Officers, Board Members, Office Staff and Rabbi Benarroch for their dedication and devotion to Beth Zion this past year.

On behalf of my wife Keren, Emily, Emma and myself, I would like to take this opportunity to wish all our friends and members of Beth Zion, a Shana Tova U'Metuka and Gmar Chatima Tova - wishing you a happy, healthy, and sweet new year.

With warmest regards and blessings,

**Ilan Saul
President**



Rosh Hashanah approche à grands pas ; une nouvelle année s'est écoulée. Bien que cette année ait été, à certains égards, très difficile pour Am Yisrael, elle a également été belle sous d'autres aspects. L'esprit d'unité et d'אהבת חינוך qui a prévalu parmi notre nation durant ces moments difficiles était comme une gorgée d'eau fraîche dans un désert brûlant. Avec l'esprit d'espoir, de positivité et de bienfaisance, nous avons pu rester forts et continuer à lutter en unité pour notre nation. Malheureusement, la guerre n'est pas encore terminée, et nous avons besoin de renouveler cet esprit tout en espérant que la nouvelle année apportera de meilleures nouvelles à Am Yisrael. Rosh Hashanah est le moment parfait pour renouveler notre esprit.

Rebbe Nahman enseigne que Rosh Hashanah est comparé à la tête d'une personne. Tout comme la tête est l'une des parties les plus importantes du corps, voire la plus importante, Rosh Hashanah est le moment le plus important de l'année. Et comme "Rosh" signifie tête, il dit qu'il y a un lien significatif entre ce qui se passe dans les pensées d'une personne pendant Rosh Hashanah et ce qui sera décrété pour elle durant l'année à venir. Rebbe Nahman souligne l'importance de garder son esprit exempt de pensées négatives, surtout pendant Rosh Hashanah, et de rester positif en ce jour saint. Faire confiance à HaShem qu'Il va décréter pour nous une belle année, pleine de bénédictions et de bonnes nouvelles, peut transformer cette espérance en notre nouvelle et meilleure réalité. Comme le Rebbe de Loubavitch disait : « Pensez bien et tout ira bien. » Cela s'applique à nos luttes personnelles ainsi qu'aux défis auxquels nous faisons face en tant que nation. Nous devons penser positivement pendant Rosh Hashanah et être confiants que HaShem mettra fin à notre souffrance et que l'année à venir sera la meilleure jusqu'à présent. Nous devons croire que HaShem continuera à nous montrer des miracles, nous ramènera dans notre terre promise et construira notre Beit HaMikdash tant attendu. Cet état d'esprit renforcera notre détermination et nous aidera à continuer d'être une nation incroyablement résiliente et une lumière pour toutes les nations. Notre esprit d'espoir et de positivité peut nous rapprocher beaucoup plus des solutions à nos problèmes, et Rosh Hashanah est le moment le plus propice pour cela!

Ici, à Beth Zion, je peux attester avec confiance de l'esprit de positivité et d'unité qui est au cœur de nos valeurs, tant pour les dirigeants que pour les membres de la congrégation. Le résultat de cet esprit est évident, donnant à chacun un sentiment d'appartenance et la sensation de faire partie d'une famille accueillante.

Je souhaite à tous une bonne et douce année !

Rabbi Moché Ohayon

MESSAGE FROM CHARLES BENEDEK - IMMEDIATE PAST PRESIDENT



Dear Members of Beth Zion,

As I prepare to step into my role as Past President, I wanted to take a moment to extend my heartfelt gratitude to each and every one of you. What began as a personal journey to deepen my connection to our Jewish heritage evolved into a profound appreciation for the multifaceted responsibilities of leadership within our synagogue. Our shared mission has always been to support and sustain our beloved synagogue. While we may have diverse opinions on the best path forward, our common goal remains unchanged. The journey has not been without its challenges, new friendships and constructive disagreements which have been part of the process. Through it all, my role has offered a valuable example to my young sons, demonstrating dedication and love for our shul.

The dedication required to keep our synagogue on track has been immense. From navigating the impact of Covid and addressing urgent repairs like our roof and the chandelier incident, to grappling with the horrors of October 7, 2023, and the ongoing challenges to our existence and morality, the journey has been both humbling and illuminating.

While my role is shifting, I want to acknowledge and thank several key individuals and groups whose contributions have been crucial:

- **Harry z”l & Judy Rossdeutscher:** Your support, including assistance with the roof repair, the concerts and so much more has been invaluable.
- **Simon & Fagey Rossdeutscher:** Your ongoing support and help in many areas, including the concerts, advice and time commitment has been deeply appreciated.
- **Shlomo Benarroch:** More than just a Past President, your involvement in various areas - concerts, lease negotiations with Hebrew Day School, and more, has been a cornerstone of our efforts. You pretty much kept helping wherever the shul needed help which ended up amounting to you being counted on almost always.
- **Myrna Halickman:** Your unwavering commitment to our adult programming has made a significant difference.

Many dedicated volunteers: Bella Benarroch, Steve & Esther Csillag, Steve Farkas, Tzvi Farkas, Haim Fruchter, Brian Kahane, Sheldon Kaufman, Devorah Labow-Abenhaim, Bruce Mazer, Ben Rubin, Bobby Shaul - your extra efforts have not gone unnoticed.

I also extend my deepest thanks to Rabbi Benarroch for his leadership, knowledge and availability whenever called upon. A thank you to all the Officers and Board members. Your support and insights have been invaluable, and I am grateful for your guidance. Special thanks to Zev Mestel for his dedication, hard work and steady counsel during challenging times. The support of both Zev and Shlomo has been a pillar of strength, and I can’t imagine navigating this journey without their help.

To my wife, Nancy, and our children, Cecil and Gabriel, thank you for your understanding and support as I devoted time to a cause that is so meaningful to me. And to my parents, Leah and Alex, thank you for instilling in me the values that have guided me throughout this journey.

Finally, I extend my gratitude to every member of Beth Zion. Even if not mentioned by name, your support and involvement are deeply appreciated. We are a family, united by our commitment to Beth Zion, despite any differences.

I would like to take this opportunity to wish all our friends and members of Beth Zion a Shana Tova and Gmar Chatima Tova.

Charles

MESSAGE FROM ZEV MESTEL, EXECUTIVE DIRECTOR



I hope that you have all had a warm and enjoyable summer. The Men's Club Room Renovation is almost finished. The Security system upgrade in conjunction with Federation CJA is still a work in progress. The Cloth Mechitza in the Sefardi Minyan is being replaced by a fancier structure. The springs on the sanctuary seats are in the midst of being replaced so that when the seat is not being used, it will be in an upright position.

The carpets throughout the building will be shampooed and cleaned prior to the High Holy Days.

The Art Exhibit of Tablet Tableaux with artist Sheila Nemtin Levine was very well attended and a success, culminating in the Wine and Cheese Party. Over 200 people attended the Lag B'Omer Fest in Rabin Park. Food was aplenty as was the music. The evening ended with a small bonfire.

Thank you to Simon Arzouan for Avot U'Banim, Myrna Halickman for Zoom Adult Education Programming and thank you to Sharona Halickman for her weekly zoom torah classes and Devorah Abenhaim for her weekly divrei Torah.

Thank you to all our volunteers, whether it was for the Shapiro Concert and Scotch Tasting or all the other events held in the shul.

On behalf of my wife Jewel, myself, Mitchell, Joni & Eric, Shayna & David, Aviva and my grandchildren, Max, Ella and Mia, I wish you a Shana Tova U'Metuka. May you all be inscribed for a happy and healthy 5785.

Zev



LEGACIES AND BEQUESTS

Should Beth Zion be a beneficiary in your will or in your life insurance policy or if you wish to do so, please contact Zev at 514-489-8411 extension 31.



T I S H R E I S C H E D U L E

Saturday	September 28	Selichot	11:15 pm
Wednesday	October 2	<i>Erev Rosh Hashanah</i>	
		Selichot and Shacharit	5:30 am and 7:30 am
		Candlelighting with Shehecheyanu	6:13 pm
		Mincha and Maariv	6:15 pm
Thursday	October 3	<i>1st Day of Rosh Hashanah</i>	
		Shacharit - Main Sanctuary	8:00 am
		Torah Reading	9:30 am
		Sermon / Shofar	10:15 am
		Tashlich	5:00 pm
		Mincha and Maariv	6:10 pm
		Candlelighting with Shehecheyanu from pre-existing flame.	After 7:14 pm
Friday	October 4	<i>2nd Day of Rosh Hashanah</i>	
		Shacharit - Main Sanctuary	8:00 am
		Torah Reading	9:30 am
		Sermon / Shofar	10:15 am
		Shabbat begins	6:10 pm
		Mincha, Kabbalat Shabbat and Maariv	6:10 pm
Shabbat	October 5	<i>Shabbat Shuvah</i>	
		Shacharit	9:00 am
		Drasha	5:00 pm
		Mincha and Maariv	6:00 pm
		Shabbat Ends	7:10 pm
Sunday	October 6	<i>Tzom Gedaliah</i>	
		Fast Begins	5:44 am
		Selichot and Shacharit	7:45 am
		Mincha and Maariv	6:00 pm
		Fast Ends	6:54 pm
Friday	October 11	<i>Erev Yom Kippur</i>	
		Selichot and Shacharit	6:15 and 7:45 am
		Mincha	3:00 pm
		Candlelighting with Shehecheyanu	5:57 pm
		Kol Nidre	6:00 pm
Shabbat	October 12	<i>Yom Kippur</i>	
		Shacharit	9:00 am
		Sermon / Yizkor	12:00 pm
		Mussaf	1:00 pm
		Mincha	4:30 pm
		Neilah	5:30 pm
		Shofar / Fast Ends	6:58 pm

TISHREI CONTINUED

Wednesday	October 16	<i>Erev Succot</i>	
		Shacharit	6:25 and 8:00 am
		Mincha and Maariv	5:50 pm
		Candlelighting with Shehecheyanu	5:48 pm
Thursday	October 17	<i>1st Day of Succot</i>	
		Shacharit	9:00 am
		Mincha and Maariv	5:50 pm
		Candlelighting with Shehecheyanu from pre-existing flame.	After 6:49 pm
Friday	October 18	<i>2nd Day of Succot</i>	
		Shacharit	9:00 am
		Candlelighting	5:44 pm
		Mincha, Kabbalat Shabbat and Maariv	5:45 pm
Shabbat	October 19	<i>Shabbat Chol Hamoed</i>	
		Shacharit and Kohelet	9:00 am
		Mincha	5:35 pm
		Shabbat Ends	6:46 pm
Sunday	October 20	<i>Chol Hamoed</i>	
		Shacharit	8:00 am
		Mincha and Maariv	5:40 pm
Monday	October 21	<i>Chol Hamoed</i>	
		Shacharit	6:00 and 7:45 am
		Mincha and Maariv	5:40 pm
Tuesday	October 22	<i>Chol Hamoed</i>	
		Shacharit	6:00 and 7:45 am
		Mincha and Maariv	5:40 pm
Wednesday	October 23	<i>Hoshana Rabbah</i>	
		Shacharit	6:00 and 8:00 am
		Candlelighting with Shehecheyanu	5:36 pm
		Mincha and Maariv	5:40 pm
Thursday	October 24	<i>Shemini Atzeret</i>	
		Shacharit	9:00 am
		Sermon / Yizkor	10:45 am
		Mincha	5:40 pm
		Maariv with Hakafof	6:20 pm
		Candlelighting with Shehecheyanu from pre-existing flame.	After 6:38 pm
Friday	October 25	<i>Simchat Torah</i>	
		Shacharit and Hakafof	8:30 am
		Candlelighting from an existing flame	5:33 pm
		Mincha, Kabbalat Shabbat and Maariv	5:35 pm

SEFARDI MINYAN SCHEDULE

Wednesday	October 2	Erev Rosh Hashanah	
		Mincha and Maariv	6:15 pm
Thursday	October 3	1st Day of Rosh Hashanah	
		Shacharit	8:30 am
		Shofar	10:30 am
		Mincha followed by Tashlich	6:00 pm
		Maariv	6:45 pm
Friday	October 4	2nd Day of Rosh Hashanah	
		Shacharit	8:30 am
		Shofar	10:30 am
		Mincha, Kabbalat Shabbat and Maariv	6:10 pm
Friday	October 11	Erev Yom Kippur	
		Mincha	2:00 pm
		Kol Nidre	6:00 pm
Saturday	October 12	Yom Kippur	
		Shacharit	8:30 am
		Mincha	4:00 pm
		Neilah	5:45 pm
		Shofar / Fast Ends	7:00 pm

**Saturday, October 5
5:00 pm**

**Shabbat Shuva Drasha
delivered by
Rabbi Yamin Benarroch**

**Maimonides' Idea
of
Perfect Teshuva**

**Sunday, October 6
7:00 pm**

Tzom Gedalia

*THE RABBI SIDNEY SHOHAM Z"l MEMORIAL LECTURE
featuring
Rabbi Yehoshua Grunstein*

*Graciously sponsored by
Jewel Shoham,
The Lieberman, Mamelak and Tripp families
and
The Sheva & David Honig Fund
in memory of
Rabbi Sidney Shoham z"l*

YIZKOR

**Yizkor, a memorial prayer in memory of loved ones, will be
recited on Shabbat, October 12 at approximately 12 noon and
Thursday, October 24 at 10:45 am.**



Thank you to all our loyal participants these past years as it is you, the viewers who make this all worthwhile.

Once again, there will be interesting programs and hopefully even more people will join us from near and far on Zoom.

A special thank you to the following Programming Committee members :

Esther Csillag, Joy Farkas, Rita Fuchs, Pearl Hazan, Hindy Lieberman and Rena Rush for reaching out to secure speakers, formally introducing and thanking them, as well as, contributing program ideas.

Many thanks to our sponsors, as well as those who donated to the Programming Fund. All of the above are appreciated as we rely heavily on sponsorships and donations since there is no charge for our programs. If you would like to sponsor a program or make a donation, please call the office at 514-489-8411.

We continue to be indebted to our Rabbi, Rabbi Yamin Benarroch, who both hosts the programs and recites Tehillim for the IDF soldiers, hostages, and all the residents of Eretz Yisrael!

It has been a very stressful year for all the Jewish people worldwide. Listening to Rabbi Benarroch has been comforting in view of the current situation in the Middle East.

Thank you to our Executive Director Zev Mestel, Rivka Berman and Gloria Taub who work diligently behind the scenes and go above and beyond the call of duty.

May I wish you all a year of good health, happiness and prosperity!

Shana Tova!

Am Yisrael Chai!

**Myrna Halickman
Chairperson, Beth Zion Sisterhood Programming Committee**

Tuesday, September 17	Rabbi Yamin Benarroch - Beth Zion Congregation Rosh Hashana to Reach Above the Clouds
Tuesday, November 5	Muguette Myers - Holocaust Survivor What Courage Looks Like
Tuesday, November 19	Trudie Mason - Anchor of the morning newscasts at CJAD. Book Review: The Forgotten Daughter by Joanna Goodman

Tuesday, November 26	Honorable Marlene Jennings P.C., LLb. Antisemitism and Black Communities: Past and Present How did we get to here?
Tuesday, December 3	Irwin Liebman, Lawyer at Liebman Legal Inc. “Antisemitic Harassment of students on campus and War in Gaza and elsewhere - and the Law”
Tuesday, December 17	Rabbi Yamin Benarroch - Beth Zion Congregation Chanukah - Festival of Light. “A light unto the nations”
Tuesday, January 14	Sara Ronis - Associate Professor of Theology at St. Mary’s University, in San Antonio, TX Read the Womb! Fetal Personhood in the Babylonian Talmud
Tuesday, January 21	Cindy Bassel Brown, Dietician Food Security: How to Eat Healthy with Continuous Rising Prices
Tuesday, January 28	Larissa Feldman - Pharmacist owner Pharmacie Feldman, Messias and Melki Pharmacy Topic: TBA
Tuesday, February 11	Dr. Miranda Crowdus Topic: The History and the Music of the Romaniote Jews of Greece
Tuesday, February 25	The Jewish community of Rouyn Noranda. The life and history of a small Jewish community in Northern Quebec Presenters - Mrs. Bernadine Harrar, a retired Nurse and Dr. Isaac Katz, a retired Dentist.
Tuesday, March 11	Rabbi Yamin Benarroch - Beth Zion Congregation Purim - The Hidden Miracle
Tuesday, March 25	Rabbi Yamin Benarroch - Beth Zion Congregation Pesach - “What is the True Meaning of Freedom?”
Tuesday, May 27	Rabbi Yamin Benarroch - Beth Zion Congregation Shavuot - “The Day We Became a Nation.”



Rosh Hashana To Reach Above the Clouds



Rabbi Yamin Benarroch

Beth Zion Congregation

Tuesday, September 17, 7:00pm



What Courage Looks Like



Mugnette Myers

Holocaust survivor, author of *Where Courage Lives*

Tuesday, November 5, 7:00pm



Trudie Mason

Anchors the morning newscasts for CJAD 800

**Reviewing the Book
*The Forgotten Daughter***

by Joanna Goodman

Tuesday, November 19, 7:00pm



Antisemitism and Black Communities: Past and Present. How did we get to here?



Honorable Marlene Jennings P.C., LLb.

Retired Lawyer

Tuesday, November 26, 7:00pm





Antisemitic Harassment of Students On Campus and War in Gaza & Elsewhere – and the Law



Irwin I. Liebman

Lawyer at Liebman Legal Inc.

Tuesday, December 3, 7:00pm



Chanukah – Festival of light 'A light unto the nations'



Rabbi Yamin Benarroch

Beth Zion Congregation

Tuesday, December 17, 7:00pm



Read the Womb! Fetal Personhood in the Babylonian Talmud



Sara Ronis

Associate Professor of Theology at St. Mary's University, in San Antonio, TX

Tuesday, January 14, 7:00pm



Food Security: How to Eat Healthy With Continuous Rising Prices



Cindy Bassel-Brown

Dietician

Tuesday, January 21, 7:00pm





The History and the Music of the Romaniote Jews of Greece



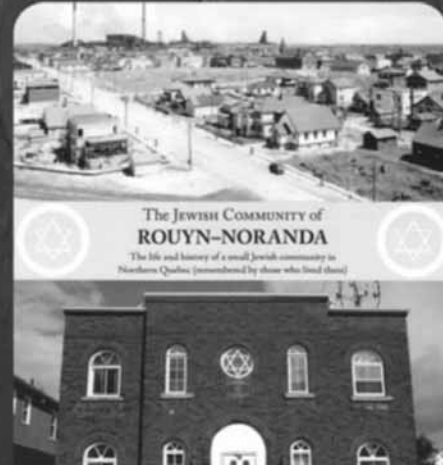
Dr. Crowdus will sing/play some of the music

Dr. Miranda Crowdus

Assistant Professor at the Department of Religions and Cultures at Concordia University in Montreal
Tuesday, February 11, 7:00pm



The Jewish Community of Rouyn – Noranda The Life and history of a small Jewish Community in Northern Quebec (remembered by those who lived there)



Mrs. Bernadine Harrar & Dr. Isaac Katz

Retired Nurse & Retired Dentist

Tuesday, February 25th, 7:00pm



Purim – The Hidden Miracle



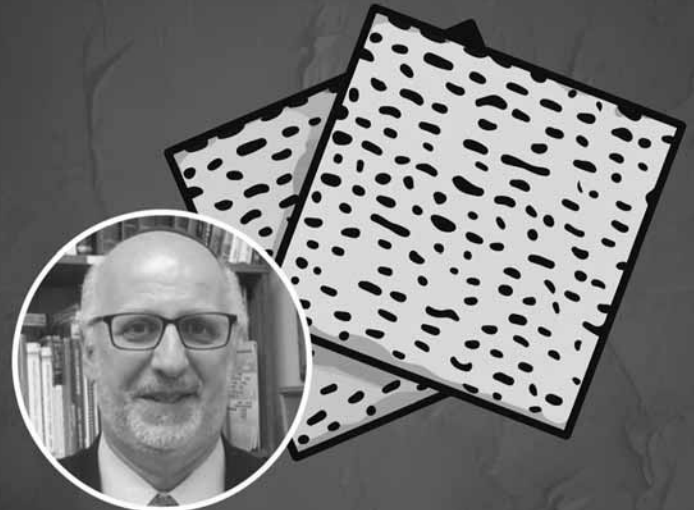
Rabbi Yamin Benarroch

Beth Zion Congregation

Tuesday, March 11, 7:00pm



Pesach – “What is the True Meaning of Freedom?”



Rabbi Yamin Benarroch

Beth Zion Congregation

Tuesday, March 25, 7:00pm



NEWS OF OUR MEMBERS

BIRTHS

Rhona & Haim Fruchter and Helene & Shimon Miara on the birth of their grandson, **Lavie Emet**, son of Bilha & Hai Miara and brother of Adi Miriam and Ziv Binyamin

Gaby & Regis Meslati on the birth of their son, **Lior Amram**, grandson of Judith Sebbag & Michel Abergel and Nicole Meslati and brother of **Elie, Ariel and Ava**

Betty & Tommy Schwartz, Chumie & Isaac Begin (Los Angeles) on the birth of their grandson, **Dov Alexander (Dov Avraham)**, son of Elka & Asher Begin, nephew of Josh, Jordana, Ryan and Aaron.

Debbie & Naphtali Shainbach and Janet & Stephen Kaiman on the birth of their grandson **Koby Oz**, son of Yarden & Tobin Kaiman and brother of Shai Lior

Nadine & Lorne Switzer on the birth of their grandson, **Eliyahu Rachamim**, son of Lucy Nechama & Yosef Rachamim and brother of Chaim Asher, Ovadia and Pinchas

BAR MITZVAH

Mona & Adam Krupp upon the Bar Mitzvah of their son **Gabriel Laizer**, grandson of Hannah & Michael Krupp and brother of **Shaya Dov**

BAT MITZVAHS

Bella & Shlomo Benarroch upon the Bat Mitzvah of their daughter **Rachele Miriam**, great granddaughter of Chana Ohayon, granddaughter of **Rivka & Rabbi Yamin Benarroch**, Nelli Ratner & Yuri Nemirovski and sister of **Benjamin and Mark**

Bobbie Schreter on the Bat Mitzvah of her great granddaughter and **Sandy & Joey Schreter** on the Bat Mitzvah of their granddaughter, **Noa Kravitz**, granddaughter of Mickey & Ben Kravitz, daughter of Ellen & Steven Kravitz and sister of Bella.

MARRIAGES

Deborah & Willian Anidjar on the marriage of their daughter **Belinda** to **Haim Khaymovich**, son of Elisheva & Sasson Khaymovich

Judy Rossdeutscher on the marriage of her granddaughter **April** to **Andrew Harris**

Naomi & Howard Rossdeutscher on the marriage of their daughter **April**, granddaughter of Bina Singer and **Judy Rossdeutscher** to **Andrew Harris**, son of Lenore Harris and grandson of Ruth Cohen.

NEWS OF OUR MEMBERS CONTINUED

GRADUATIONS

Norma Nutkevitch in honour of her grandson, **Rory Kamen Nutkevitch** receiving his bachelor of arts in administration from Butler University, Indiana and her granddaughter, **Sierra Michelle Nutkevitch** receiving her Masters of Fine Arts in Directing from Columbia University.

ANNIVERSARIES

10 years	Esther & Reuben Abitbol	
30 years	Phyllis & Mark Berkowitz	Stephanie & Saul Schipper
40 years	Shelley & Raymond Benhaim	Hana & Sam Friedman
40 years	Jewel & Zev Mestel	Debbie & Naphtali Shainbach
40 years	Roslyn & Stanley Wiseblatt	
45 years	Selma & Seymour Rosen	Joy & Moti Yunger
50 years	Rose & Victor Ackerman	Bernice & Henry Triller
55 years	Barbara & Bernard London	
60 years	Mera & Andy Sebestyen	

CONDOLENCES

Morris Birenbaum and family on the passing of his wife, **Judy Birenbaum z"l**

Gittie Cobrin and family on the passing of her husband, **Ruby Cobrin z"l**

Patti, Jay and Glenn Derstenfeld on the passing of their mother, **Beatrice Derstenfeld z"l**

Linda & Willy Lieberman and family on the passing of his stepmother, **Sonia Lieberman z"l**

Vera & Mark Potechin and family on the passing of his mother, **Liola Potechin z"l**

Marilyn Schneider and family on the passing of her husband, **Harold Schneider z"l**

SPONSORSHIPS

WEEKLY BULLETIN

Rivka & Rabbi Yamin Benarroch in honour of the Bat Mitzvah of their granddaughter, **Rachele Benarroch**

Rivka & Rabbi Yamin Benarroch and family in memory of his mother, **Miriam Benarroch z"l**, on her first yahrzeit

Shelley Rothman-Benhaim and Raymond Benhaim in memory of Shelley's father, **Jack Rothman z"l** on the occasion of his 14th Yahrzeit on the 14th of Nissan and to wish everyone a safe, healthy and meaningful Pesach

Irene Blitt and family in memory of her father, **Joseph Goldstein z"l**

Irene Blitt and family in memory of her husband, **Ronnie Blitt z"l**

Laurence & Henri Bronner, Lydia & Aaron Grubner and families in memory of their father, **David Bronner z"l**

Leah & Henri Bronner in memory of Leah's mother, **Sabine Herszkowicz z"l**

Shoshana & Phil Buch and family in memory of his father, **Salomon Buch z"l**

Shoshana & Phil Buch and family in memory of Phil's grandmother, **Rachel Gertler z"l**

Shoshana & Phil Buch and family in memory of his mother, **Anna Buch z"l**

Paula, Irwin, Debbie, Humphrey and Reesa, grandchildren, **Shawn and Lindsay, Robyn and Jesse, Bailey** and great - grandchildren **Jake and Max**, in loving memory of **Jack Kadaner z"l** on the occasion of his fourth yahrzeit (5 Sivan).

Lois & Arnold z"l Kanefsky & family in loving memory of their parents and grandparents, **Freda Rachel (Ray) & George Lubin z"l, Sara (Boba) & Isidore Kanefsky z"l** on their Yahrzeits.

Jack Leinwand and family in memory of **Phyllis Leinwand z"l**

Rikee Gutherz-Madoff in memory of her sister, **Faige Gutherz-Shapiro, (Faige Bat Yosef Hillel z"l)** on her 10th yahrzeit (7 Tammuz)

Mitchell Mestel, Joni & Eric Bienenstock, Max and Ella, Shayna & David Sacks and Mia, and Aviva Mestel in honour of the 40th wedding anniversary of their parents and grandparents, **Jewel & Zev Mestel**

Norma Nutkevitch in memory of her mother-in-law, **Mary Nutkevitch z"l**

Norma Nutkevitch in honour of her grandson, **Rory Kamen Nutkevitch** receiving his bachelor of arts in administration from Butler University, Indiana and her granddaughter, **Sierra Michelle Nutkevitch** receiving her Masters of Fine Arts in Directing from Columbia University.

SPONSORSHIPS

WEEKLY BULLETIN CONTINUED

Jewel Shoham in recognition of **Myrna Halickman** and her committee for the amazing year of zoom programming at Beth Zion

Jewel Shoham wishing **Ora Rubinstein** a Tzetchem Leshalom on her Aliyah to Israel and thanking her for years of educating our children and teaching torah at Beth Zion

Didi & Seymour Silverman and family in memory of her father, **Ernest Shapiro z"l**

Didi & Seymour Silverman and family in memory of his mother, **Sally Silverman z"l**

KIDDUSH

Marlene & Steven Adler

Rivka & Rabbi Yamin Benarroch

Bella & Shlomo Benarroch

Melanie & Kalman Fisher and Family

Rachel & Yohan Kadoch

Mickey Katz

Drs. Barbara & Bruce Mazer

Keren & Ilan Saul

Nadine & Lorne Switzer

Susan & Geoff Ungar

Bella & Shlomo Benarroch in honour of the Bat Mitzvah of their daughter, **Rachele**

Laurence & Henri Bronner, Lydia & Aaron Grubner and families in memory of their father, **David Bronner z"l**

Joy & Zvi Farkas in honour of **Ora Rubinstein, the Israeli Consul General and the Ambassador**

Hana and Sam Friedman in honour of their 40th wedding anniversary

Helene & Sheldon Kaufman wishing **Ora Rubinstein** all the very best in her return to Israel.

Mona & Adam Krupp in honor of the Bar Mitzvah of their son, **Gabriel Laizer**

Eveline & Irving Kuperman and family in memory of Irving's brother, **Sam Kuperman z"l**

Rivi & Zigui Levkovich in tribute to the brave men and women of the IDF and in honour of the State of Israel.

Jewel & Zev Mestel and children wishing **Ora Rubinstein**, educator and friend a Tzetchem Leshalom in honour of her making Aliya to Israel

Rhonda & Sheldon Nutkevitch in honour of their daughter **Sierra Michelle** graduating with a Masters of Fine Arts in Film Directing from Columbia University

Fagey & Simon Rossdeutscher and family in honour of **Rivka & Rabbi Yamin Benarroch**

KIDDUSH CONTINUED

Fagey & Simon Rossdeutscher and family in honour of the marriage of their niece, **April Rossdeutscher**, daughter of **Naomi & Howard Rossdeutscher** and granddaughter of **Judy Rossdeutscher** to **Andrew Harris**

Fagey & Simon Rossdeutscher in recognition of **Shlomo Benarroch** for his dedication and devotion to Beth Zion.

Naomi & Howard Rossdeutscher in memory of his father, **Harry z”l**

SEUDAH SHLISHIT

Mary-Joy & Danny Kroo and family in memory of her father, **Arthur Klein z”l**, (**Mordechai ben Shlomo**) and his yahrzeit

PROGRAMMING FUND

Irene Blitt in memory of **Margery Leibner z”l**

Barbara Chernack in appreciation of **Myrna Halickman’s** programming

Myrna & Mel Halickman in honour of the birth of **Ari Naftali**, grandson of **Annie & David Garmaise**

Irving Itman in memory of **Ruby Cobrin z”l**

Norma Nutkevitch in appreciation of **Myrna Halickman**

BEQUESTS

Mary & Ben Zukierman Legacy Fund

DONATIONS

ANNE & SAMUEL BELLMAN MEMORIAL FUND

Debbie & Naphtali Shainbach and family in memory of her mother, **Anne Bellman z”l**

Debbie & Naphtali Shainbach and family in memory of her father, **Samuel Bellman z”l**

Debbie & Naphtali Shainbach and family in memory of his mother, **Shoshana z”l**

Debbie & Naphtali Shainbach and family in memory of his father, **Tsvi z”l**

STEPHANIE BERBRIER MEMORIAL FUND

Pamela Berbrier in memory of **Renee Stein z”l**

Pamela Berbrier in honour of **Joan Ungar’s birthday**

HAROLD GOODMAN MEMORIAL FUND

Ruth Goodman in memory of **Ruby Cobrin z”l**

JACK KADANER MEMORIAL FUND

Debbie Kadaner in memory of her father, **Jack Kadaner z”l**

Reesa Kadaner in memory of her father, **Jack Kadaner z”l**

Paula Kadaner in memory of her husband, **Jack Kadaner z”l**

Paula Kadaner in memory of her sister, **Sheva Honig z”l**

Paula Kadaner in memory of her mother - in - law, **Golda Kadaner z”l**

Paula Kadaner in memory of her mother, **Sara Wolloch z”l**

MARY & NATHAN AND JACK NUTKEVITCH MEMORIAL FUND

Norma Nutkevitch and family in memory of **Ruby Cobrin z”l**

Norma and Pearl Nutkevitch in memory of **Sonia Lieberman z”l**

Norma Nutkevitch and family in honour of **Jewel & Zev Mestel’s 40th wedding anniversary**

Norma Nutkevitch and family in memory of **Gloria Sacks z”l**

Norma Nutkevitch and family in memory of **Leonard Slutsky z”l**

DONATIONS CONTINUED

FREDA & MOE THAU MEMORIAL FUND

Rhona & Lenny Samsonovitch in memory of her sister **Risa Thau z”l**

RABBI SHOHAM MEMORIAL FUND

Barbara Chernack in memory of **Sonia Lieberman z”l**

ALIYAH FUND

Nancy & Charles Benedek

Nomy & Moshe Shak

KOVOD FUND

Rita Aber

Rose & Victor Ackermann

Arlene Belfer

Susan & Harvey Bucovetsky

Francine & Harold Cohen

Betty Cordes

Mona & Carl Cummings

Rose & Aldo Fernando

Janet & Louis Fleischer

Eva Friedman

Hilda Gossack

Pearl & David Hazan

Ruby Heft

James Indig

David Katz

Marcel (Mickey) Katz

Nettie Kogan

Mary Joy & Danny Kroo

Norman Lecker

Betty Moss

Rosalie Parnass

Sarah Rapkin

Mina & Mark Richman

Pauline Richman

Selma & Seymour Rosen

Donna & Lawrence Rosenberg

Sylvia Rosenberg

Sharon & Leon Rosenstock

Janet Sanders

Gusty Schachter

Etta Schickler

Ralph Schneider

Nomy & Moshe Shak

Gerald Shechtman

Didi & Seymour Silverman

Sarah & Raymond Toledano

Arlene Trager

Vicki Zack

DONATIONS CONTINUED

RABBI'S CHARITY FUND

Rivka & Rabbi Yamin Benarroch

Irene Blitt

Gloria Halpern

Sharon & Leon Rosenstock

Janet Sanders

Nomy & Moshe Shak

Mickey Katz in memory of his grandfather, **Israel Rothfleisch z"l**

TORAH FUND

Irene Blitt

Ellen & Larry Kogut

Melaine Lipsey

Mundev Realities

Pearl & David Hazan in memory of **Malca Kahansky z"l**

Janet & Stephen Kaiman in honour of **Debbie & Naphtali Shainbach's** 40th wedding anniversary

Lindy Katz and Mickey Katz in honour of **Jewel & Zev Mestel's** 40th wedding anniversary

Rachel & Michael Pfeffer in honour of **Ellen Adler's** 70th birthday

Judy Rossdeutscher in memory of **Liola Potechin z"l**

Rena & Ronald Rush wishing a speedy recovery to **Gittie Cobrin**

Rena & Ronald Rush in memory of **Ruby Cobrin z"l**

Recipe from Rivka Berman

Veggie Quiche/Kugel

In a 6.5 x 4.5 x 2.5 inches pan, bake at 375 - 400, 35 - 45 minutes or till knife inserted in center comes out dry

1 can mixed veggies (drained)

1/8 teaspoon thyme (crumble between fingers)

1/2 teaspoon parsley flakes

1/4 teaspoon basil

1/4 teaspoon salt

1 to 2 tablespoons bread crumbs

1 tablespoon oil

3 Eggs

Pour 1 tablespoon oil in pan.

Pour the veggie mix into pan

Beat eggs, seasoning, bread crumbs and oil in a bowl

Add veggies and then mix

Bake at 375 - 400 till done & golden

Serves 4 - 6 portions



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